~~*Joyce's Daycare*~*~* Little Stars Early Learning Potty Training Basics

Welcome to the Wild World Of Potty Training a Toddler or Preschooler. It is so much fun and exciting. In order for your child to start potty training at Day Care, they must be able to do the following things at home first. Potty training will NOT begin at Day Care, it will begin at home. Potty training is a very intimate thing and a child should learn how to use the toilet at home where he/she is the most comfortable. I will assist in potty training, but when at Day Care, we must follow the Day Care's rules about potty training.

Helpful hints when your child is ready to ditch the diapers:

- 1. His diaper stays dry more than two hours .
- 2. He says pee or potty, poo or poopy.
- 3. He wants to watch you when you use the bathroom.
- 4. Wants to take his/her diaper off after they go potty.
- 5. A child will more than likely go number 2 in the potty before they actually go potty.

You will need the following supplies at Day Care:

- 1. Pull Ups or what ever kind of training pant that you like.
- 2. A box of flushable potty training wipes (Can be purchased at Target or Walmart)
- 3. Along with extra changes of clothes, and don't forget those socks!

Must be able to do the following to start potty training at Day Care:

- 1. They must be able to potty on command. This means they know what go potty means. They must be able to actually urinate in the potty chair/toilet.
- 2. Must be able to say potty/pee/poo/poopy, whatever their words are, but I need to be able to understand them.
- 3. They must be able to pull down their pants and pull ups by them selves and pull them up. I will assist if they need help, but they must be able to do so.
- 4. They must be able to stay dry for at least two hours in their diapers before even starting <u>pull-ups</u>, I will not even allow, until they are dry for at least two hours.
- 5. This means, no more onsies, and no bibs(overalls). It is best when starting potty training that the child come with pants/shorts with elastic waist, so that they are able to get them on and off by themselves, without having to deal with a button. Dresses are great for girls, easy to do.

A few things to know:

- 1. Pull-ups are not diapers, they are nothing like diapers. They do not hold like diapers do, things are more likely to come out of a pull-ups than they are for a diapers. Pull-ups are not allowed at day care till your child begins potty training at home, and can urinate on command.
- 2. Underwear are not allowed at daycare, till they are able to be dry for two whole weeks in their pull-ups. The last thing any of us wants to do is clean up what is left inside underwear.
- 3. When underwear is allowed, and a child has a BM in their underwear, I will dump it out into the toilet, but I will not wash the underwear. They will be sent home to be cleaned. When your child gets into underwear, and gets into having accidents, we will have to go back to pull-ups, for heath reasons, I can not have children going to the bathroom on my floor.
- 4. Older children tend to have an easier time potty training. It seems to go very quickly compared to younger children.

I will assist in potty training with you, but when at daycare, we need to have some rules. This is being done for health and safety of all of the children.

Thank you for your understanding and cooperation,

Joyce

Where your little star can learn play and grow